Performed and Documented | Level of Exam
---|---
One to five bullets | Problem Focused
At least six bullets | Expanded Problem Focused
At least two bullets from each of six body systems/areas OR at least twelve bullets in any two or more body systems/areas | Detailed
At least two bullets from each of nine body systems/areas | Comprehensive

*(Circle the bullets that are documented.)*

**NOTE:** For the descriptions of the elements of examination containing the words "and", "and/or", only one (1) of those elements must be documented.

### System/Body Area Elements of Examination

#### Constitutional
- Measurement of any three of the following seven vital signs: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (May be measured and recorded by ancillary staff)
- General appearance of patient (e.g., development, nutrition, body habitus, deformities, attention to grooming)

#### Eyes
- Inspection of conjunctivae and lids
- Examination of pupils and irises (e.g., reaction to light and accommodation, size and symmetry)
- Ophthalmoscopic examination of optic discs (e.g., size, C/D ratio, appearance) and posterior segments (e.g., vessel changes, exudates, hemorrhages)

#### Ears, Nose, Mouth and Throat
- External inspection of ears and nose (e.g., overall appearance, scars, lesions, masses)
- Otoscopic examination of external auditory canals and tympanic membranes
- Assessment of hearing (e.g., whispered voice, finger rub, tuning fork)
- Inspection of lips, teeth and gums
- Examination of oropharynx: oral mucosa, salivary glands, hard and soft palates, tongue, tonsils and posterior pharynx
- Inspection of nasal mucosa, septum and turbinates

---

### Specialty Exam: General Multi-System

Refer to data section (table below) in order to quantify. After reviewing the medical record documentation, identify the level of examination. Circle the level of examination within the appropriate grid in Section 5 (Page 3).

<table>
<thead>
<tr>
<th>System/Body Area</th>
<th>Elements of Examination</th>
</tr>
</thead>
</table>
| Neck | - Examination of neck (e.g., masses, overall appearance, symmetry, tracheal position, crepitus)  
  - Examination of thyroid (e.g., enlargement, tenderness, mass) |
| Respiratory | - Assessment of respiratory effort (e.g., intercostal retractions, use of accessory muscles, diaphragmatic movement)  
  - Percussion of chest (e.g., dullness, flatness, hyperresonance)  
  - Palpation of chest (e.g., tactile fremitus)  
  - Auscultation of lungs (e.g., breath sounds, adventitious sounds, rubs) |
| Cardiovascular | - Palpation of heart (e.g., location, size, thrills)  
  - Auscultation of heart with notation of abnormal sounds and murmurs  
  - Examination of:  
    - Carotid arteries (e.g., pulse amplitude, bruits)  
    - Abdominal aorta (e.g., size, bruits)  
    - Femoral arteries (e.g., pulse amplitude, bruits)  
    - Pedal pulses (e.g., pulse amplitude)  
    - Extremities for edema and/or varicosities |
| Chest (Breasts) | - Inspection of breasts (e.g., symmetry, nipple discharge)  
  - Palpation of breasts and axillae (e.g., masses or lumps, tenderness) |
| Gastrointestinal (Abdomen) | - Examination of abdomen with notation of presence of masses or tenderness  
  - Examination of liver and spleen  
  - Examination for presence or absence of hernia  
  - Examination of anus, perineum and rectum, including sphincter tone, presence of hemorrhoids, rectal masses  
  - Obtain stool sample for occult blood test when indicated |
### SPECIALTY EXAM: GENERAL MULTI-SYSTEM (CONT.)

#### System/Body Area

<table>
<thead>
<tr>
<th>Musculoskeletal</th>
<th>Skin</th>
<th>Neurologic</th>
<th>Psychiatric</th>
</tr>
</thead>
</table>
| **NOTE:** Determine the number of body areas addressed within each bullet. Enter that number on the corresponding line below. Total at the bottom of this box. | **Inspection and/or palpation:** | **Test cranial nerves with notation of any deficits** | **Description of patient's judgement and insight**
Brief assessment of mental status including:
- Orientation to time, place and person
- Recent and remote memory
- Mood and affect (e.g., depression, anxiety, agitation) |
| Exams and/or palpation of digits and nails (e.g., clubbing, cyanosis, inflammatory conditions, petechiae, ischemia, infections, nodes) *(if circled, add to total at bottom of column to the left)* | **Inspection and/or palpation:** | **Inspection and/or palpation of digits and nails:** (e.g., clubbing, cyanosis, inflammatory conditions, petechiae, ischemia, infections, nodes) *(if circled, add to total at bottom of column to the left)* | **Brief assessment of mental status including:**
- Orientation to time, place and person
- Recent and remote memory
- Mood and affect (e.g., depression, anxiety, agitation) |
| Examination of joints, bones and muscles of **one or more of the following six areas:** 1) head and neck; 2) spine, ribs, and pelvis; 3) right upper extremity; 4) left upper extremity; 5) right lower extremity; and 6) left lower extremity. The examination of a given area includes: | **Inspection and/or palpation:** | **Inspection and/or palpation:** | **Tests cranial nerves with notation of any deficits**
Brief assessment of mental status including:
- Orientation to time, place and person
- Recent and remote memory
- Mood and affect (e.g., depression, anxiety, agitation) |
| Examination of gait and station | **Assessment of range of motion:** | **Assessment of range of motion:** | **Description of patient's judgement and insight**
Brief assessment of mental status including:
- Orientation to time, place and person
- Recent and remote memory
- Mood and affect (e.g., depression, anxiety, agitation) |
| *(if circled, add to total at bottom of column to the left)* | **Assessment of stability:** | **Assessment of range of motion:** | **Description of patient's judgement and insight**
Brief assessment of mental status including:
- Orientation to time, place and person
- Recent and remote memory
- Mood and affect (e.g., depression, anxiety, agitation) |
| **Assessment of range of motion:** | **Assessment of range of motion:** | **Assessment of range of motion:** | **Description of patient's judgement and insight**
Brief assessment of mental status including:
- Orientation to time, place and person
- Recent and remote memory
- Mood and affect (e.g., depression, anxiety, agitation) |
| **Assessment of stability:** | **Assessment of stability:** | **Assessment of stability:** | **Description of patient's judgement and insight**
Brief assessment of mental status including:
- Orientation to time, place and person
- Recent and remote memory
- Mood and affect (e.g., depression, anxiety, agitation) |
| **Assessment of muscle strength:** | **Assessment of muscle strength:** | **Assessment of muscle strength:** | **Description of patient's judgement and insight**
Brief assessment of mental status including:
- Orientation to time, place and person
- Recent and remote memory
- Mood and affect (e.g., depression, anxiety, agitation) |
| *(if circled, add to total at bottom of column to the left)* | *(if circled, add to total at bottom of column to the left)* | *(if circled, add to total at bottom of column to the left)* | *(if circled, add to total at bottom of column to the left)* |
| **Total Bullets:** *(including gait and station and inspection and/or palpation of digits and nails if circled)* | **Total Bullets:** *(including gait and station and inspection and/or palpation of digits and nails if circled)* | **Total Bullets:** *(including gait and station and inspection and/or palpation of digits and nails if circled)* | **Total Bullets:** *(including gait and station and inspection and/or palpation of digits and nails if circled)* |
| **Total Bullets:** * | **Total Bullets:** * | **Total Bullets:** * | **Total Bullets:** * |

#### System/Body Area

<table>
<thead>
<tr>
<th>Genitourinary</th>
<th>Lymphatic</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Genitourinary</strong></td>
<td><strong>Lymphatic</strong></td>
</tr>
<tr>
<td><strong>MALE:</strong></td>
<td><strong>Palpation of lymph nodes in two or more areas:</strong></td>
</tr>
<tr>
<td>Examination of the scrotal contents (e.g., hydrocele, spermatocele, tenderness of cord, testicular mass)</td>
<td></td>
</tr>
<tr>
<td>Examination of penis</td>
<td></td>
</tr>
<tr>
<td>Digital rectal examination of prostrate gland (e.g., size, symmetry, nodularity, tenderness)</td>
<td></td>
</tr>
<tr>
<td><strong>FEMALE:</strong></td>
<td></td>
</tr>
<tr>
<td>Pelvic examination (with or without specimen collection for smears and cultures), including:</td>
<td></td>
</tr>
<tr>
<td>Examination of external genitalia (e.g., general appearance, hair distribution, lesions) and vagina (e.g., general appearance, estrogen effect, discharge, lesions, pelvic support, cystocele, rectocele)</td>
<td></td>
</tr>
<tr>
<td>Examination of urethra (e.g., masses, tenderness, scarring)</td>
<td></td>
</tr>
<tr>
<td>Examination of bladder (e.g., fullness, masses, tenderness)</td>
<td></td>
</tr>
<tr>
<td>Cervix (e.g., general appearance, lesions, discharge)</td>
<td></td>
</tr>
<tr>
<td>Uterus (e.g., size, contour, position, mobility, tenderness, consistency, descent or support)</td>
<td></td>
</tr>
<tr>
<td>Adnexa/parametria (e.g., masses, tenderness, organomegaly, nodularity)</td>
<td></td>
</tr>
</tbody>
</table>

(Enter the number of circled bullets in the boxes below. Then circle the appropriate level of care.)

#### EXAM

<table>
<thead>
<tr>
<th>Problem Focused</th>
<th>Expanded Problem Focused</th>
<th>Detailed</th>
<th>Comprehensive</th>
</tr>
</thead>
<tbody>
<tr>
<td>One to Five Bullets</td>
<td>Six to Eleven Bullets</td>
<td>This level requires that one of the following questions be answered with a &quot;yes.&quot; Have you circled at least two bullets in each of six body systems/areas?</td>
<td><strong>Yes</strong></td>
</tr>
<tr>
<td>Are there a total of twelve bullets circled in two or more body systems/areas?</td>
<td><strong>Yes</strong></td>
<td><strong>No</strong></td>
<td></td>
</tr>
<tr>
<td>At least two bullets from each of nine body systems/areas</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>